

# The Impacts of Childhood Trauma Videos

## Overview – Dr. Nadine Burke Harris

### How Childhood Trauma Affects Health Across a Lifetime

<https://www.youtube.com/watch?v=95ovIJ3dsNk>

16 minutes

## ACEs

### What You Should Know About ACEs

<https://www.acesconnection.com/blog/aces-primer-great-five-minute-video-that-explains-ace-study>

5 minutes

### We Can Prevent ACEs

<https://www.youtube.com/watch?v=8gm-INpzU4g>

4 ½ minutes

### ACEs Overview

<https://www.pbs.org/video/aces-overview-35403/>

3 ½ minutes

## Trauma

### How Childhood Trauma Can Make you a Sick Adult

[https://www.youtube.com/watch?v=y3cCAGeG8E&feature=emb\\_title](https://www.youtube.com/watch?v=y3cCAGeG8E&feature=emb_title)

7 minutes

### Wired for Danger: The Effects of Childhood Trauma on the Brain

[https://www.youtube.com/watch?v=OA4CqL\\_PzE&feature=emb\\_title](https://www.youtube.com/watch?v=OA4CqL_PzE&feature=emb_title)

5 minutes

### Understanding Trauma: Learning Brain vs. Survival Brain

<https://www.youtube.com/watch?v=KoqaUANGvpA>

5 minutes

### When Children Act Out – Dealing with Challenging Behaviors (with role play examples)

<https://www.youtube.com/watch?v=rUcG2-EFkNI>

7 ½ minutes

## Trauma-Informed Care

### What is Trauma-Informed Care (for medical professions)

<https://www.youtube.com/watch?v=fWken5DsJcw>

3 ½ minutes

## Trauma-Informed Districts/Schools

### 3 Trauma-Informed Practices Backed by Science (for schools/educators)

<https://www.youtube.com/watch?v=Gv-SxltpPY>

3 minutes

### Childhood Trauma: What Every Teacher Needs to Know

[https://www.youtube.com/watch?v=VXfsoQMqlyY&feature=emb\\_title](https://www.youtube.com/watch?v=VXfsoQMqlyY&feature=emb_title)

1 ½ minutes

### What Does a Trauma-Sensitive Middle/High School Look Like?

[https://www.youtube.com/watch?v=4aatVFmR3is&feature=emb\\_title](https://www.youtube.com/watch?v=4aatVFmR3is&feature=emb_title)

11 ½ minutes

### Healing Trauma: Conscious Discipline (in the classroom)

[https://www.youtube.com/watch?v=kUBzzasDgVw&feature=emb\\_title](https://www.youtube.com/watch?v=kUBzzasDgVw&feature=emb_title)

6 ½ minutes

### What Does it Mean to Be Trauma-Informed (four part series for educators)

<https://www.edweek.org/leadership/what-does-it-mean-to-be-trauma-informed-a-4-part-video-explainer>

4 minutes – How Can Pandemic Trauma Impact Students in the Long-Run?

5 minutes – Tips for Building Trauma-Informed Programs

6 ½ minutes – How a New Jersey District Built a Trauma-Informed Program

11 ½ minutes – Culture of Care (Oregon)

## Trauma-Informed Organizations

### Trauma-Informed Starts with You

<https://www.youtube.com/watch?v=-876Zw-NA94>

5 ½ minutes

## Trauma-Informed Care Role Plays

<https://www.youtube.com/watch?v=boOWboUehHA>

53 minutes

## **Resilience**

### **Resilience**

<https://www.youtube.com/watch?v=cusbGK8tnO8>

3 minutes

### **Moving from ACEs to Resilience**

<https://www.youtube.com/watch?v=-pnhFmdz-ig>

5 ½ minutes

### **Resilience – preview for the full film (1 ½ hours)**

<https://kpirfilms.co/resilience/>

1 ½ minutes