

Discussing Report Cards

Let's face it; report card day can be stressful for both parents and students, especially when already dealing with the stress of the holidays.

When a child brings home a report card with grades that are lower than expected, it can be really upsetting.

Here's some tips designed to help parents and students deal with issues about grades.



Tips for Parents

- ◆ **Sit down** with your child and look over the report card.
- ◆ **Be calm.** Let your child tell you about his/her grades. **Listen.**
- ◆ **Praise your child.** Find at least one good thing about the report card - attendance, conduct, neatness, etc.
- ◆ **Be realistic** about your child's capabilities.
- ◆ **Ask your child** how you can help him or her do better.
- ◆ **Make a plan** with your child's teacher. Ask for advice about other resources in your community that might help.

It's important for parents to remember that success in life does not necessarily depend on the grades children get in school, but, instead, on the attitudes, coping skills, and ability to persevere that he/she develops early in life.

Tips for Students

- ◆ **Think positively.** You are a special person. Be proud of what you were able to do.
- ◆ **Make a plan.** Think about what you can do so your grades are better next time.
- ◆ **Try your best.** That is the most important factor in success.



24 hour help is also available by calling:

Amador Crisis Line - 209-223-2600

California Youth Crisis Line – 1-800-853-5200

Child Help 1-800-4-A-Child

Amador Child Abuse Prevention Council

209-223-5921

Online at www.amadorcapc.org and on [Facebook](#)