



Free Workshops

- Shaken Baby Syndrome Prevention
- Mandated Reporter Training— Learn how and when to report suspected abuse or neglect
- Internet Safety—Keeping kids safer online.

ACCAPC Meetings

Committee Meetings have been combined to the 3rd Monday of even months at 10:00 am.

October 20, 2008

Health & Human Services Building

Full Council Meetings

10:00 a.m. at GSA Building at 12200 B Airport Rd. in Jackson

November 17, 2008

January 26, 2009

March 16, 2009

Upcoming Events

Internet Safety for A-TCAA Staff

October 6, 2008

Sutter Creek Methodist Church

Mandated Reporter Training for Extended Learning Program Staff

November 19, 2008

Amador County Office of Education

Do you have fundraising or grant writing experience? Have you used social/children's services? If so, please join our council!

Amador Child Abuse Prevention Council

505-1 State Hwy. 49, #183

Jackson, CA 95642

Phone: 209-223-5921

Fax: 209-223-5931

Email: info@amadorcapc.org

New website!

www.amadorcapc.org

It only takes a minute...to make a difference in the life of a child.



Exposure to Violence Hurts Children

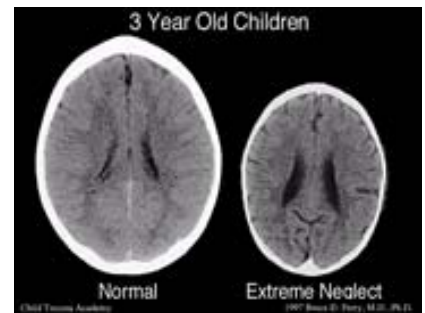
Seeing it. Hearing it. Any exposure to family violence hurts children.

According to Teresa Contreras, M.S.W., Chief of the Office of Child Abuse Prevention, exposure to violence creates risk for problems in life for the present and the future of children. These problems may include but are not limited to:

- Abnormal brain development in the first years of life
- Higher levels of aggression, anger, hostility, and disobedience
- Fear, anxiety, withdrawal and depression
- Poor peer, sibling and social relationships
- Low self esteem
- Learned behavior that violence is an appropriate way to manage/resolve conflict
- Depression into adulthood and increased tolerance for the use of violence in adult relationships

The California Attorney General's *Safe from the Start* program estimates that one out of every four children in California is directly exposed to violence as a victim or witness.

New scientific research has shown that exposure to violence has a measurable physiological impact on a child's developing brain. This means that the brains of children exposed to violence during the ages of 0-3 years do not develop normally.



www.safefromthestart.org

Whether you are a caring professional who works with children or simply a next-door neighbor, it is vital that you recognize the impact you can have on the children around you. **To make a difference in the life of a child does not require a super-human effort.** A chance encounter can be an opportunity to provide a simple, positive experience for a child. Frequently, the difference between a child who succeeds and one who fails is a caring adult who took the time to be supportive.



October is Domestic Violence Awareness Month Local "Peace Begins at Home" Awareness Campaign

"The slogan "Peace Begins at Home" is a reminder that domestic violence affects all members of a family, both adults and children" said Lynn Shield, Executive Director of Operation Care. "We encourage everyone to show support for healthy family relationships by wearing or tying a purple ribbon to their car antenna during this month of awareness."



If you or someone you know needs help, dial 911 or call the **24-hour crisis line at 209-223-2600**. Operation Care provides safe shelter for women, men, and children, as well as counseling, support services, crisis intervention, and education.