



**May 11th
Happy Mother's Day!**

Free Workshops

- Shaken Baby Syndrome Prevention— It's not just for babies!
- Mandated Reporter Training— Learn how and when to report suspected abuse or neglect.
- Internet Safety—Keeping kids safer online.

Call or email to schedule a workshop: 223-5921
info@amadorcapc.org

ACCAPC Meetings

PR Committee Meeting
May 16, 2008

9:00 am at Health & Human
Services Building

Full Council Meetings

10:00 a.m. at GSA Building at 12200
B Airport Rd. in Jackson (near the
Animal Shelter)

May 19, 2008
July 21, 2008

May 8, 2008

Internet Safety Assembly
Sutter Creek Elementary

Amador County Child Abuse
Prevention Council

505-1 State Hwy. 49, #183
Jackson, CA 95642
Phone: 209-223-5921
Fax: 209-223-5931

Email: info@amadorcapc.org
Web: www.sierrasaccoalition.org/
amador.htm



In Memory of Andrew Bailey, May 24, 2005-March 15, 2008

Bonding With Your Baby

The best gift you can give your baby is YOU. The love and attention you give your baby now will stay with her or him forever and will help your baby grow into a healthier and happier child and adult.

Parents who give lots of loving care and attention to their babies help their babies develop a strong attachment. Affection energizes your child to grow, learn, connect with others, and enjoy life. Here are some ways to promote bonding:

- ♥ Respond when your baby cries. Babies need and benefit from a parent's loving care even when they seem inconsolable. Remember that when a baby cries they are not mad at you—it's just their way of expressing themselves.

And, never, never, never shake a baby or young child!

- ♥ Hold or touch your baby as much as possible.
- ♥ Use feeding time to look into your baby's eyes, smile, and talk to your baby.
- ♥ Read, sing, play peek-a-boo. Babies love to hear human voices and will try to imitate your voice and the sounds you make.
- ♥ Once your baby can sit up, plan on spending lots of time on the floor with toys, puzzles, and books.

Teen Driver Safety—Remember what's at stake!

Traffic crashes are the number one killer of teenagers. One-third of all 16-year-old licensed drivers will be involved in a motor vehicle crash. However, there is something parents can do. Research shows that when parents take an active role in their teens' driving education and set certain driving guidelines, their teens' chances of being in a crash can be reduced by up to one-third.

Parent-teen driving contracts are a great way to cover all the responsibilities and guidelines for driving, as well as establish consequences for choosing to not adhere to established guidelines. The Amador Teen Driver Council website (www.amadorteendriver.org) offers links to driving contracts and information for parents and safe teen driving.

We want all our kids to come home safe.



New Laws Regarding Driving & Cell Phones—Effective July 1, 2008

DRIVERS UNDER 18

Drivers under the age of 18 may not use a wireless telephone, pager, laptop or any other electronic communication or mobile services device to speak or text while driving in any manner, even "hands-free."
EXCEPTION: Permitted in emergency situations to call police, fire or medical authorities (VC §23124).

Frequently asked questions about the new laws are answered at:

<http://www.dmv.ca.gov/cellularphonelaws>