

## June 2008 News



### June 15th Happy Father's Day!

#### Free Workshops

- Shaken Baby Syndrome Prevention— It's not just for babies!
- Mandated Reporter Training— Learn how and when to report suspected abuse or neglect.
- Internet Safety—Keeping kids safer online.

Please call or email us to schedule a workshop.

#### ACCAPC Meetings

PR Committee Meeting

August 22, 2008

9:00 am at Health & Human Services Building

#### Full Council Meetings

10:00 a.m. at GSA Building at 12200 B Airport Rd. in Jackson (near the Animal Shelter)

July 21, 2008

September 15, 2008

November 17, 2008

Attend a First 5 Amador  
"Dad & Me" event.  
Call Cheri at 257-1092 for  
more information.

Amador County Child Abuse  
Prevention Council

505-1 State Hwy. 49, #183

Jackson, CA 95642

Phone: 209-223-5921

Fax: 209-223-5931

Email: [info@amadorcacp.org](mailto:info@amadorcacp.org)

Web: [www.sierrasaccoalition.org/amador.htm](http://www.sierrasaccoalition.org/amador.htm)



*It only takes a minute...to make a difference in the life of a child.*

## Being a good dad (or grandpa, or uncle...)

It's hard work to raise kids, but they need you! Men often do not realize how much they are needed. Fathers have a profound and lasting effect on their children from birth on. An involved father provides his children with a brighter future and lessens their physical, emotional, and social problems.

- ♥ Be the kind of man you would like to see your daughter marry.
- ♥ Be the man your son should look up to.
- ♥ Treat their mother the way you would like your mother to be treated.
- ♥ Teach your children honesty by being honest.
- ♥ Teach them to keep their promises by always keeping yours.
- ♥ Make time for each child separately.
- ♥ Teach them the kind of things they will not learn in school.
- ♥ Encourage talking. Ask them about their day, their friends, their interests. Tell them about your work, and if possible, let them see you at work.

#### Remember:

- ♥ Discipline does not mean punishment. It means to teach and pursue the behavior that you expect.
- ♥ Children need your affection as much as they need food and clothing.

## Encouraging Words for Discussing Grades

Let's face it; report card day can be stressful for both parents and students. When a child brings home a report card with grades that are lower than expected, it can be really upsetting.

Here are some tips designed to help parents deal with issues about grades.

- ♥ **Sit down** with your child and look over the report card.
- ♥ **Be calm.** Let your child tell you about his/her grades. **Listen.**
- ♥ **Praise your child.** Find at least one good thing about the report card – attendance, conduct, neatness, etc.
- ♥ **Be realistic** about your child's capabilities.
- ♥ **Ask** your child how you can help him or her do better.

It's important for parents to remember that success in life does not necessarily depend on the grades children get in school, but, instead, on the attitudes, coping skills, and ability to persevere that he/she develops early in life.

